

RISK RULE CARD

— 1% RULE



Rule (plain words): “Never risk more than 1% per trade.”

Position size math checked vs stop distance:

Yes

No

Max daily loss:

Max weekly loss:

When I tend to break the rule:

Pre-commit action:

Pause

Timeout

Pre-trade checklist

- ☒ News risk reviewed
- ☒ Session liquidity OK
- ☒ Higher timeframe alignment
- ☒ $RR \geq 1:2$